## **BIG truth about fear**

Shohoiya Yokowai spent 28 years of his life in prison. It was not a prison of bars & locks & wardens, but a self-imposed prison of fear.

He was a Japanese soldier on the island of Guam during WW2.

And when the American forces landed, he fled into the jungle & found a cave in which he hid for 28 years because he was **afraid of being captured** by the Americans.

He learned that the war was over by reading one of the thousands of pamphlets dropped into the jungle. But he was afraid.

So for 28 years he lived in the cave, coming out only at night to look for roaches & rats & frogs & mangoes on which he survived.

Finally some natives found him & convinced him that it would be all right for him to come out of his jungle p! rison.

We think, "What a waste! Imagine, spending 28 years living as a prisoner of fear."

Yet, there are a lot of people who are prisoners of fear.

Fears like...

fear of failing fear of succeeding fear of disappointing people fear of losing our child fear of the unknown fear of dying

Frankly, I can have a long list of different fears that people have.

They're not aware of it simply because they call "fear" with a different name.

How about you?

Do you have fear that's preventing God to fully bless your life?

Are you trying to control your life instead of letting God have His way?

Listen, the best way to overcome your fear is to have a strong faith in God and you do this by regularly meditating scripture.

In Romans 10:17 says, "Faith comes by hearing, and hearing by the Word of God."

No! doubt, in developing your faith there's no better substitute to scripture memorization and meditation.

So I encourage you to take action, be bold, and make a decision now to start memorizing scriptures.

In Him, Don and Dawn

**P.S.** Faith requires action and the more that you delay your decision to memorize scriptures the harder it's to grow your faith.

Source : Memory Delight - <u>mailer@infusionmail.com</u>