

What Did God Tell Us We Should Eat? (Part 5)

Thus far in the series, we have examined quite thoroughly the first nine chapters of the book of Genesis, as well as a pertinent portion of Scripture in the Book of Exodus, concerning [“What Did God Tell Us We Should Eat?”](#)

The previous four Health Tips have laid the foundation Scriptures for this series. From here on, rather than continuing through the Bible chapter by chapter as we have been doing for the [first four parts of this article](#), henceforth we will only look at those verses that pertain to our subject: “What Did God Tell Us We Should Eat?”

“And the children of Israel did eat manna forty years . . . They did **eat manna**, until they came to the borders of Canaan.”

~ Exodus 16:35

“And when the people complained . . . there is **nothing at all, beside this manna** . . . the manna was as coriander seed . . . and the people went about and gathered it, and ground it in mills . . . and baked it in pans and made cakes of it: and **the taste of it was as the taste of fresh oil.**”

~ Numbers 11:1,7,8

During the 40-year wilderness wandering experience, when God was providing all their food, **what did God provide them to eat?**

God gave them a pure, **100% plant-based diet** (manna), a diet totally free of animal flesh!

Now let’s go back to creation and see what God told man he was to eat immediately after God created man in Genesis chapters 1 & 2. Here again, the diet in Genesis 1:29 was also a pure, 100% plant-based diet!

But were the people satisfied with this? No! See Numbers chapter 11:

“Then Moses heard the people weep . . . and Moses said unto the Lord . . . whence should I have flesh to give unto all this people? for **they weep unto me**, saying, give us flesh, that we may eat.”

~ Numbers 11:10, 13

“And the Lord said unto Moses . . . say unto the people . . . **the Lord shall give you flesh**, and ye shall eat it . . . ye shall not eat one day, nor two days, nor twenty days; but even a whole month, **until it come out of your nostrils**, and it be loathsome unto you . . . and Moses went out, and told the people the words of the Lord.”

~ Numbers 11:16, 18-20, 24

“And there went forth a wind from the Lord, and brought quails from the sea, and let them fall by the camp . . . as it were two cubits high . . . and the people stood up all that day, and all that night, and all the next day, and they gathered the quails . . . and while the flesh was yet in between their teeth, ere it was chewed, **the wrath of the Lord was kindled** against the people . . .”

~ Numbers 11:31-33

Sounds like God was pretty angry with His people doesn’t it?

And what was God so angry about? **He was angry that the people were not satisfied** with His provision of a 100% pure, vegan diet (manna)! They wanted flesh to eat!

Why Hallelujah Acres Found Disfavor

It is because Hallelujah Acres has discouraged the consumption of animal source foods for the past 23 years, that Hallelujah Acres has found disfavor with so many in the Christian community.

But both I and Hallelujah Acres are **not here to win favor** with anyone!

Rather, Hallelujah Acres is here to sound a warning – **animal source foods are the most dangerous and destructive foods** we can place into our God-made physical bodies.

Why do you think both God and Hallelujah Acres have discouraged the consumption of animal-based foods? Because **God did not design His human creation to consume these foods!**

God designed the anatomy of man to only properly process plant-source foods!

When animal flesh is placed into the human physical body, it **causes physical breakdown** and a multitude of physical problems!

Let's go back to the Israelites, who were not satisfied with only plant source foods. In Leviticus chapter 11, **God gives man some guidelines** as to what kind of animals they could eat.

“And the Lord spake unto Moses and to Aaron, saying . . . speak unto the children of Israel, saying, these are the beasts which ye shall eat among all the beasts that are on the earth.”
~ Leviticus 11:1-2

Could it be that God knew the horrible potential consequences of eating the flesh of animals, and so He gives them permission to **eat the flesh of the least harmful**, while commanding them to not eat the flesh of the most harmful?

God had divided the animals into two groups – “clean” and “unclean” way back in Genesis 7:2, when the animals were placed into the ark, and provides more detail in Leviticus 11:

“Whatsoever parteth the hoof, and is clovenfooted, and cheweth the cud, among the beasts, that shall ye eat. . . and the swine, though he divide the hoof, and be cloven-footed, yet he cheweth not the cud; he is unclean to you. . . these shall ye eat of all that are in the waters: whatsoever hath fins and scales in the waters, in the seas, and in the rivers, them shall ye eat. And all that have not fins and scales . . . they shall be an abomination unto you.”

~ Leviticus 11:3, 7, 9-10

Here God is saying that they can only **eat the flesh of the animals that eat a pure, 100% living, raw, plant-source diet**, but that they were **NOT to eat the flesh of animals that were scavengers.**

Webster's Dictionary defines “scavenger” as: “An animal that feeds on DEAD organic matter.”

So while all animal flesh is dangerous and destructive to the body, the Bible makes it abundantly clear that those animals that feed on DEAD organic matter are particularly harmful.

Thus, **flesh from a pig, whether it is in the form of ribs, ham, bacon, pork sausage, or from any other part of the pig is called UNCLEAN by God.** And fish that have no scales and/or no fins are an abomination.

With such clear instructions from God regarding the eating of animal flesh here, and when compared with the very clear instruction God gave man in Genesis 1:29, how is it that man is so lacking in knowledge when it comes to consuming animal source foods?

The Bible does tell us a person can be **willingly ignorant** (II Peter 3:5)! That was the case with the Israelites, and apparently with many Christians today. **Christians want to go back to the hog pens of Egypt**, rather than eat the fabulous living plant source foods God designed for man to be nourished with. The very foods God placed in that original Garden of Eden in Genesis 1:29!

I will close “Part 5” of this series by sharing a letter I received just a few days ago from “Mev”:

“Dear George, My wife and I have been on The Hallelujah Diet since February. Prior to adopting The Hallelujah Diet, we had been eating according to Leviticus 11 for about four years. But since adopting The Hallelujah Diet, we have both lost 30 pounds and feel so much better! The thing I come up against the most when I tell people that I do not eat meat, and that I eat according to Genesis 1:29, **especially from fellow Christians** is: ‘We are not under law, but under grace,’ or ‘All that in Genesis regarding diet is for the Jews, and not us gentiles.’”

My dear friends, just because ‘we are not under law, but under grace,’ or perhaps not a Jew, but rather a gentile, that **does not free one from the potential consequences** of eating animal flesh!

Don’t forget, the Bible tells us, “Be not deceived; God is not mocked: for whatsoever a man soweth, that shall he also reap.” (Galatians 6:7) **God’s natural laws cannot be violated** without consequences! God’s natural laws apply to both Christian and non-Christian, both gentile and Jew, even when broken in ignorance.

Have you ever wondered why the **Christian community is just as sick** as the non-Christian community in spite of all their prayers for healing?

Do you think it might possibly be because **both groups** are eating foods God never designed the human physical body to ever have to process?

And have you ever wondered why, when someone, Christian or non-Christian adopts The Hallelujah Diet — a diet based primarily on God’s Original Genesis 1:29 living, plant-source foods diet, they almost always see all their physical problems disappear and they don’t get sick anymore?

Do you think that these negative and positive physical results could possibly be the result of **“whatsoever a man soweth, that shall he also reap?”**

To be continued

Website : <http://www.myhdiet.com/healthnews/rev-malkmus/what-did-god-tell-us-we-should-eat-part-5>

Date : 30.08.2015