

W O R R Y

On the slope of Longs Peak in Colorado lie the ruins of a huge tree.

Naturalists say that it stood for over 400 years. It had weathered thousands of storms and had been hit with lightning 14 times.

At the end, an army of beetles attacked the tree and leveled it to the ground.

This tremendous giant, that age had not withered, that lightning had not blasted, that storms had not subdued fell at last before beetles so small that a man could crush them between his forefinger and thumb.

Many people survive rare storms and lightning blasts somehow but allow the beetles of worry, fear, stress, and tension to destroy their happiness and effectiveness.

It's interesting to note that out of *773,692 words in the Bible*, the word worry is not found.

Worry is not in God's vocabulary.

The thing is, when you worry you're actually meditating. But you're meditating the things that disempower you.

What you need to do is to meditate God's word for it empowers you.

Truth be told, scripture memorization and meditation develops a power within each Christian but they seldom use it. No wonder a lot of Christians are struggling in their jobs, relationships, health, and finances.

That's why we're doing our best to encourage and teach you on how to develop the habit of memorizing God's Word.

If you're unhappy with the level of your faith and you can't feel God's presence, it's about time to step up and commit yourself in memorizing scriptures.

In Him,
Don and Dawn

P.S. **Worry is a silent killer.** It attacks you and disguises itself as "practical thinking." And one successful worry repellent I know is scripture meditation.

That's because it's impossible to worry and meditate God's goodness at the same time. So take the time now and start memorizing God's word.

Source : <http://www.memorydelight.com/>